



# Friends Project

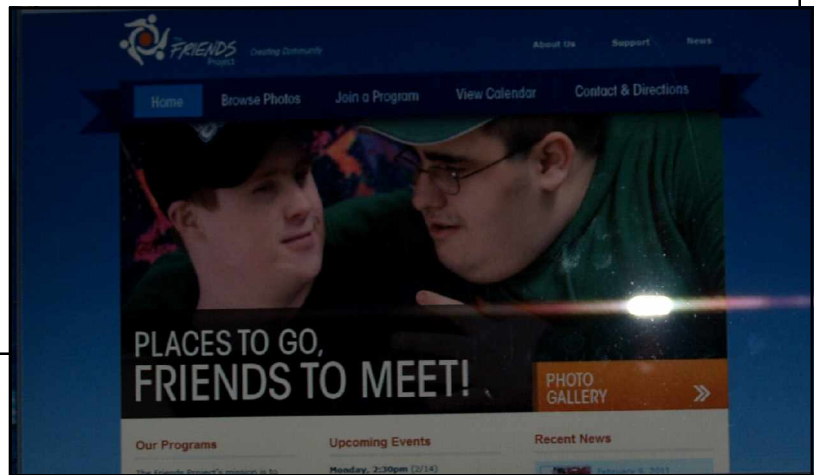
Winter 2011 Newsletter

## NEW WEBSITE AND VIDEO

A HUGE thanks to PixelMEDIA and Atlantic Media for making the Friends Project a new website and video. Both are amazing tools for the Friends Project. The video allows people to see what we do and why we are so important to 150 families on the Seacoast. With candid interviews and great footage of programs, people can get to the heart and soul of what the Friends Project is all about. The website is amazing. It allows our participants and families to easily access the information they need. Participants can see pictures of themselves during activities in the picture gallery. The website allows easy access to anyone who wants to learn about the Friends Project through videos, pictures, descriptions of activities and the calendar. The website can accept on line donations, which is a huge benefit for fundraising. We can't thank Atlantic Media and PixelMEDIA enough for the time and resources that went into this project.

- Easy to use Calendar
- Picture and Video Gallery
- On Line Donations
- Volunteer Information
- Special Event Postings
- Downloadable Forms

[www.friendsproject.org](http://www.friendsproject.org)



## Best Buddies Update

Best Buddies UNH is off to a great start. With over 45 matches, everyone is having a super time. On February 4th, matches got together at UNH for a Snow Ball. Everyone had a fun time dancing, eating pizza and socializing. Matches also watched a football game in November. Matches get together twice per month and talk on the phone once per week. Best Buddies is for people ages 18-35. If interested in being matched with a UNH student, contact Alex Cousins at [add29@unh.edu](mailto:add29@unh.edu). Thanks to UNH Students Alex Cousins, Christine Curtain, and Emily Baratta for their fantastic effort getting this Club going at UNH.





**SAVE THE DATE!** Join us for an evening in Italy for our annual fundraiser on April 9th at the Regatta in Eliot, Maine. The evening is always a super time. Invitations will be mailed out shortly.

## Dancer-cize or Basketball Anyone?

Check out our group of dancers and basketball players! We now have over 20 people participating in dancer-cize. It has taken off and is one of our most popular programs. See the calendar for info.



## Friends Skate with UNH Women's Hockey Team

After being snowed out the week before, a bunch of Friends Project participants got to play floor hockey with the UNH Women's Hockey Team. Everyone had a super time. First the team taught participants some basic skills with drills. Then there was a competitive game of floor hockey followed by a pizza party. It was super to meet the team and learn about what it's like to be a college athlete. Come watch their last home game on Feb 20. Free tickets are available by contacting Heidi Chase.



## Wildcat Friends on NH Chronicle

In October, the NH Chronicle Crew came to UNH and followed Wildcat Friends around while they ate in the dining hall, climbed on the climbing wall and had class. Everyone had a great time watching the show on TV at the Clayburghs. Check the segment from the link on the website.



*Creating inclusive social and recreational opportunities for people with disabilities.*

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